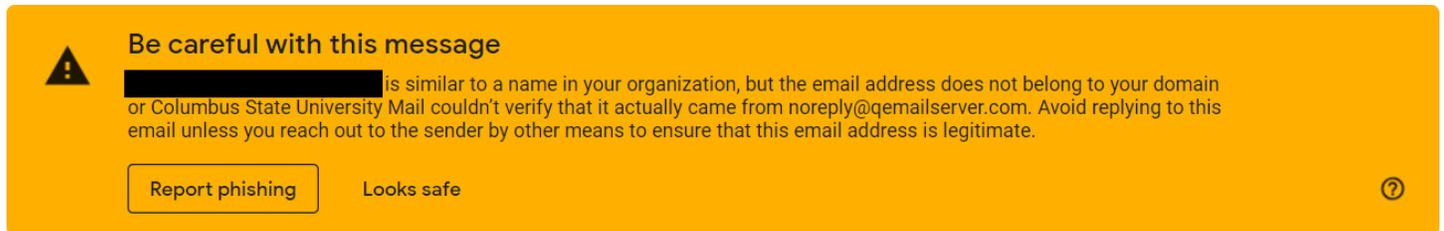# Distributing Surveys in Qualtrics

Due to recent changes in our Google security settings, Qualtrics emails may be flagged as spam or phishing emails. Survey participants may see the following alert when receiving an email from Qualtrics:
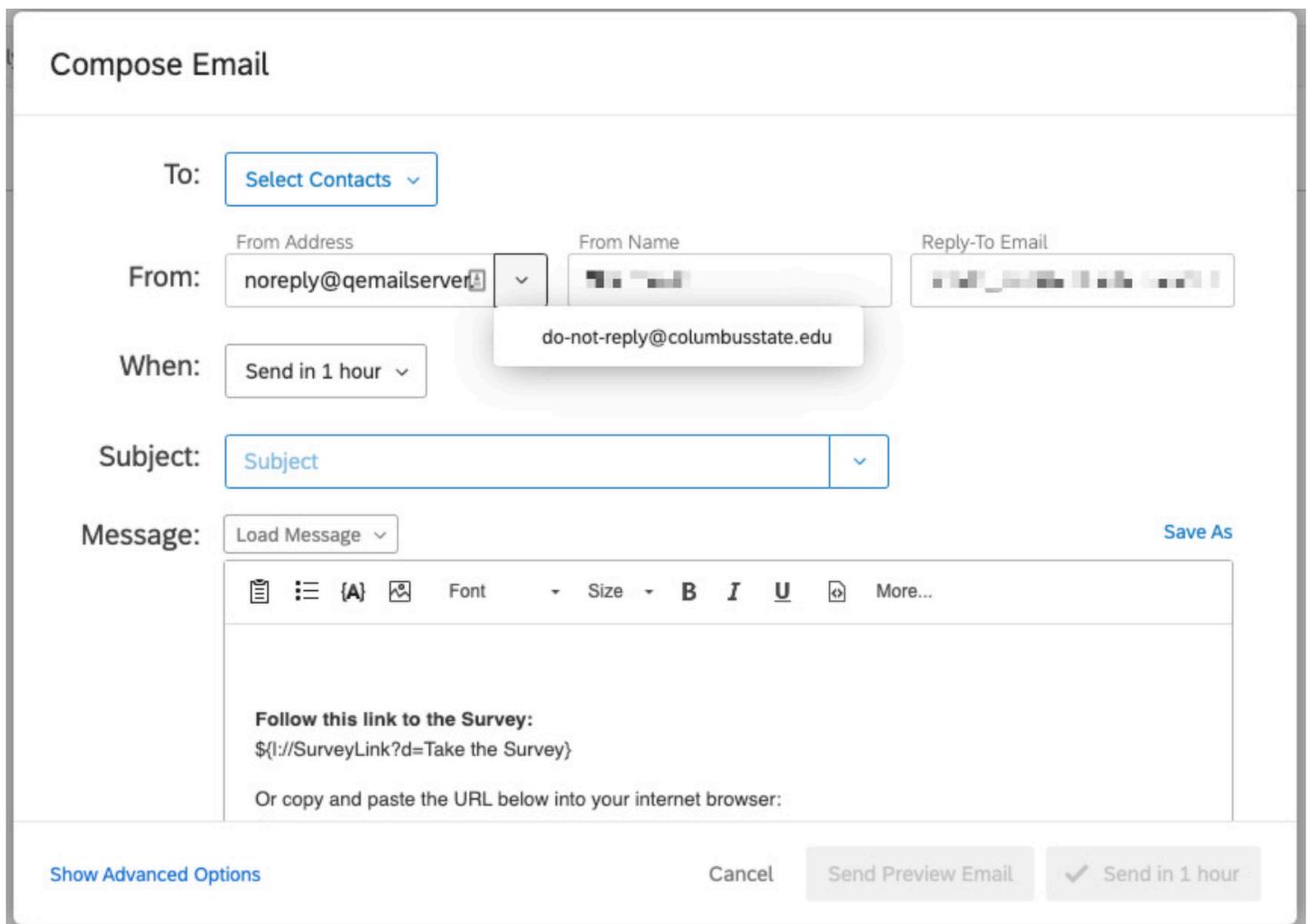

To avoid this alert, users will need to update the "From" address on the email composition settings for surveys. We have set the correct "From" address as a dropdown item next to the "From Address" field. Once you have selected this option once, all future surveys will default to this option for composing emails.