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# Alcohol and Drug Education Task Force

Alcohol & Drug Education Task Force is a university-wide team committed to promoting student health, safety, and well-being through education and prevention related to alcohol and drug use. Comprised of faculty, staff, and students, the task force works to create a supportive environment that empowers students to make informed, responsible choices. Through collaboration and outreach, the task force aims to reduce substance misuse, enhance student success, and cultivate a culture of care and accountability across the university.

Columbus State University requires incoming students to complete AlcoholEdu - an educational online, interactive, science-based course designed to educate students about alcohol and its effects on the body and mind. It aims to help students make informed decisions regarding alcohol consumption and to navigate drinking behaviors of their peers. The course tailors content based on students' individual alcohol use patterns and choices by incorporating proven methods for alcohol misuse prevention, including bystander intervention and stress management techniques. Students engage with realistic situations to practice decision-making and develop coping strategies. Course topics covered include standard drink definitions, Blood Alcohol Concentration (BAC), strategies for staying safe, the impact of alcohol on physical and mental health, and the importance of bystander intervention. This course emphasizes skill building that will support student well-being, which includes mindful decision-making and stress management. Students are equipped with the knowledge and skills to intervene safely and effectively in situations involving alcohol-related harm. (Overall, this course aims to empower students to make responsible choices about alcohol consumption, fostering a safer and more supportive campus environment.)

- [AlcoholEdu 2024-2025 Impact Report](#)
- [Biennial Alcohol and Drug Review 2022-2023 and 2023-2024](#)
- [Sexual Assault Prevention 2024-2025 Impact Report](#)

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## Alcohol & Drug Education Task Force Membership:

- Theresa Willey: Task Force Chair, RL & Student Support Coordinator
- Dana Larkin: Student Affairs, Associate Dean of Students
- Nikki Minneman: Residence Life, Residence Life Coordinator
- Lashica Thomas: Student Recreation Center, Director
- Lauren Davis: Student Recreation Center, Fitness Coordinator
- Victoria Roebuck: Student Health Center, Director
- Dr. Rebecca Toland: Health Sciences Faculty
- Alex Plata: Counseling Center, Outreach Coordinator
- Lt. Wendy Brundage: UPD
- Julio Llanos: Associate Athletic Director, Internal Operations
- Student Representative



For more information or to become involved with this task force, please contact Theresa Willey at [willey\\_theresa@columbusstate.edu](mailto:willey_theresa@columbusstate.edu)

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## On-Campus Resources

- Alcohol Policies
  - Counseling Center
  - Drug Policies
  - Alternative Justice for Alcohol and Marijuana
  - Student Health Services
  - University Police
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## Off-Campus Resources

Alcohol and Drug Counseling Center of Columbus

Alcoholics Anonymous - 706-327-6078

Crisis Intervention

Georgia Drug Abuse Helpline  
1-800-338-6745

[Substance Abuse and Mental Health Services Administration](#)

1-800-662-4357

[Help.org](#) is a community organization dedicated to empowering people suffering from substance abuse addiction with tools and resources to start their personal journey toward recovery. We create and publishes comprehensive, unbiased, free web-based resources that have been featured and is referenced by many governmental agencies and organizations across the web.

You can learn more about our guide here:

[Information about Heroin Addiction](#)

[Heroin Addiction Treatment and Rehab](#)