

## CURRICULUM VITAE

# ALICIA T. BRYAN, Ph.D.

Associate Professor of Kinesiology & Health Science

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## EDUCATION

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### **Doctor of Philosophy, Human Performance**

The University of Alabama, 2006

Emphasis Areas Exercise Science

Subspeciality: Nutritional Biochemistry and Educational Research Statistics

Dissertation: "The Role of Leg Strength in Functionality"

### **Master of Arts, Exercise Physiology**

The University of Alabama, 2002

Emphasis Area: Adult Fitness

### **Bachelor of Arts, Psychology**

The University of Alabama, 1997

Subspeciality: English, Pre-Occupational Therapy

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## HIGHER EDUCATION EXPERIENCE

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### **Associate Provost & Associate Vice President for Faculty Affairs & Academic Innovation**

**April 2022- August 2025**

- Oversee university-wide policies, processes, and practices associated with faculty performance in teaching, research, service, professional development, and student success activities
- Collaborate closely with deans, department chairs, and other university offices regarding institutional policies, processes and practices.
- Supervise the Faculty Center Director and serves as a champion for faculty and staff development in high-impact, active, and experiential learning practices.
- Develop and maintain collaborative relationships with senior administrators, deans, directors, and stakeholders to meet strategic objectives.
- Provide oversight for all personnel processes related to faculty and academic affairs student support staff.

- Manage employee relations for faculty employment status disputes, grievances, and disciplinary actions.
- Review and determine student appeals of decisions made at the college level. Ensure compliance with university and state policies and procedures.
- Practice servant leadership, communicate policies, and seek faculty input on policy changes. Supervise administrative staff in the department of State Authorizations and the Office of Sponsored Programs
- Serve on the Distance Learning, Faculty Affairs, Faculty Handbook, Student Course Evaluation, Student Research & Creative Endeavors, and Teaching and Learning committees of the Faculty Senate
- Chair the Faculty Awards Committee
- Serve on the Transformation Framework and Cleary Compliance teams of the University System of Georgia
- **KEY ACCOMPLISHMENTS**
  - Facilitated the development of the Faculty Workload and Post-Tenure Review Policies.
  - Co-led university-wide strategic initiatives through innovation and creativity, including the development of workforce partnerships through the President's Better Together campaign, recognition of student achievements by establishing the Week of Excellence, and a data driven strategic realignment process of academic program and faculty resources.
  - Assisted in the selection of the Associate Vice Chancellor of Academic Innovation as a member of the University System of Georgia AVC search committee

#### **Interim Director, Office of Sponsored Programs**

**March 2024- April 2025**

- Direct and oversee all pre-award grant administration, leading to the effective management of a \$6.8 million grant portfolio.
- Serve as the university's Authorized Organizational Representative (AOR), ensuring all grant submissions comply with federal (OMB Uniform Guidance – 2 CFR 200), state, and institutional regulations.
- Provide strategic leadership in grant compliance, audits, and reporting, including developing automated tracking systems to monitor proposals, submissions, and awards, enhancing institutional transparency and efficiency.
- Supervise daily operations of the Office of Sponsored Programs and directly manage staff members, streamlining workflows and fostering collaboration with key offices, including Business & Finance, Legal Affairs, and Institutional Research.
- Lead faculty outreach and education initiatives by training faculty and staff on funding compliance standards, and best practices for proposal development.
- Oversee post-award management activities, including financial reconciliation, expenditure reviews, and compliance audits, ensuring adherence to complex funding guidelines.

**Interim, Associate Provost & Associate Vice President  
for Faculty Affairs & Academic Innovation**

**January 2021- March 2022**

**Associate Professor of Exercise Science  
College of Education and Health Professions  
Columbus State University  
Columbus, GA**

**August 2012 – Present**

- Teach courses offered as part of the graduate and undergraduate kinesiology and exercise science curriculum

**Internship Coordinator  
Department of Kinesiology & Health Sciences  
Columbus State University**

**January 2017- December 2019**

- Connect exercise science and health science students with organizations providing practical work experiences in physical therapy, public health, strength and conditioning, sport and fitness administration, personal training and other areas appropriate to their field of study.
- Facilitate communication between interns and employers, acting as the primary contact
- Develop and implement internship policies and procedures
- Maintain records of internship placements and evaluate their success
- Network with employers and industry professionals to create new internship opportunities
  - Successfully developed MOUs with Martin Army Hospital Physical Therapy Department at Fort Benning and with West Central Health District, Columbus, GA
- Ensure compliance with all laws and regulations related to internships

**Coordinator, Physical Activity and Wellness Program  
Columbus State University**

**August 2006 - December 2016**

- Provide leadership for the coordination, management, and evaluation of the physical activity and wellness program and its program specialists.
- Teach wellness and other physical activity courses each semester, contributing to the overall program curriculum.
- Supervise and evaluate part-time instructors and graduate students involved in wellness and activity courses.
- Develop additional course offerings to enhance the diversity and appeal of the program.
- Lead the recruitment, interview, and hiring process for part-time faculty, ensuring a high standard of teaching expertise.
- Manage the scheduling of wellness and activity courses, optimizing resource utilization.

- Offer professional development opportunities in teaching methodology, fostering continuous improvement among program instructors.
- Develop wellness and physical activity standards to guide content and assessment, ensuring program effectiveness.
- Advocate for wellness within the university and the broader community, promoting the program's mission and goals.

**Human Performance Lab Coordinator**

**August 2005 – August 2006**

**College of Education**

**The University of Alabama, Tuscaloosa, AL**

- Manage the scheduling of laboratory facilities among academic courses and researchers.
- Assist in the use and maintenance of laboratory equipment
- Facilitate laboratory safety and training courses to users

**Graduate Teaching Assistant**

**August 2005 – August 2006**

**College of Education**

**The University of Alabama, Tuscaloosa, AL**

- Teach courses offered as a part of the undergraduate exercise science curriculum.

**Group Fitness Instructor**

**August 2000 – August 2003**

**The University of Alabama Student Recreation Center**

**The University of Alabama, Tuscaloosa, AL**

- Plan and deliver engaging and effective group fitness classes based on the needs and fitness levels of participants.
- Instruct participants on proper exercise techniques, form, and safety to prevent injuries.
- Provide modifications and alternatives to accommodate participants with varying fitness levels and abilities
- Motivate and inspire participants to achieve their fitness goals

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**INDUSTRY EXPERIENCE**

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**Chief Executive Officer & Founder**

**December 2016- Present**

**Evolutions, Inc.**

**Phenix City, AL**

- Oversee the creation and implementation of innovative fitness and nutrition programs.
- Lead the brand development of marketing and branding strategies to enhance the company's visibility
- Manage financial planning, budgeting, and resource allocation for optimal performance

- Develop and execute the company's overall strategy for growth and market penetration
- Establish and nurture key partnerships with fitness and nutrition experts, suppliers, and industry influencers
- Foster a positive company culture that promotes health and wellness among contracted personnel
- Stay abreast of industry trends, research, and emerging technologies to maintain a competitive edge
- Build and maintain relationships with clients to ensure satisfaction and retention
- Develop pricing strategies that align with market demands and company goals.
- Ensure compliance with legal and regulatory requirements in the fitness and nutrition industry
- Represent the company at industry events, conferences, and networking opportunities
- Develop and implement employee training programs to enhance skill sets
- Collaborate with the product development team to create new offerings and services
- Ensure the company's online presence is engaging and aligned with its brand image
- Provide regular updates and reports to the board of directors

**Intern, Cardiac Rehabilitation**  
**Northport Medical Center**  
**Northport, AL**

**May 2002- July 2002**

- Assist in the development and implementation of Phase I through IV cardiac rehabilitation exercise sessions
- Monitor and assess clients during exercise sessions, ensuring their safety and progress
- Collaborate with exercise physiologists and other health care professionals in preparation for the monthly lecture series
- Facilitate patient education on lifestyle modifications and heart health
- Observe case management practices

**Medical Assistant**  
**MDSI Physicians, Inc**  
**Tuscaloosa, AL**

**August 2000- December 2004**

- Manage weekend clinic operations
- Perform front-office tasks such as greeting patients, scheduling, insurance verification and maintaining compliance standards
- Perform pre-screening on claimants to include basic vitals (i.e., height, weight, blood pressure, pulse, respiration), the Snellen eye tests, PFT/EKG testing
- Maintain medical supply procurement
- Prepare treatment rooms for examinations to include post-treatment cleaning and sterilization
- Create and disseminate weekly reports for off-site supervisor
- Assist physicians as needed

**Administrative Assistant**  
**Roy F. Weston, Inc**  
**Auburn, AL**

**October 1997- July 2000**

- Assist with reviewing, editing, and preparing federal grant proposals
- Developed and maintained a long-term storage files management system
- Enter payroll data
- Answer multi-lined phone
- Maintain office supply procurement
- Provide general administrative duties as needed

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## **TEACHING**

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### **Columbus State University (*most recent*)**

Fall 2025	KINS 1106- Lifetime Wellness KINS 2105- Weight Control KINS 2106- Medical Terminology for Health Professions KINS 4147- Organization and Administration
Fall 2022	KINS 4146- Measurement & Evaluation
Fall 2020	KINS 4146- Measurement & Evaluation KINS 3232- Exercise Leadership KINS 2105- Weight Control
Summer 2020	KINS 5545 U/G- Selected Topics: Career & Professional Development KINS 4698- Internship in Kinesiology PHED 1205- Concepts of Fitness
Spring 2020	EXSC 6237- Advanced Exercise Testing & Prescription KINS 5135 U/G- Program Design in Kinesiology KINS 4146- Measurement & Evaluation in Kinesiology KINS 3232- Exercise Leadership PEDS 1555- Selected Topics: Physical Conditioning
Fall 2019	KINS 4146- Measurement & Evaluation in Kinesiology KINS 3232- Exercise Leadership KINS 2105- Weight Control
Summer 2019	KINS 4146- Measurement & Evaluation in Kinesiology

KINS 3135- Kinesiology  
KINS 2105- Weight Control  
PEDS 1555- Physical Conditioning

Spring 2019

EXSC 6237- Advanced Exercise Testing & Prescription  
EXSC 6139- Exercise Epidemiology  
EXSC 2107- Exercise Leadership  
PEDS 1555- Selected Topics: Physical Conditioning

Fall 2018

EXSC 4146- Measurement & Evaluation in Kinesiology  
EXSC 2107- Exercise Leadership  
EXSC 2105- Weight Control

### **Workshops**

#### *Invited*

**Bryan, A.T.** (2019). Making Nutrition and Health Affordable. Open Door Community Center-CIRCLES Program, Columbus, GA.

**Bryan, A.T.** (2017). The Seven Healthy Habits for Women Leaders. Annual Leadership Retreat, **Pratt & Whitney Women's Council**, Columbus, GA.

**Bryan, A.T.** (2017). I am Woman: Healed Workshop. Fit for Legacy Women's Retreat, Augusta, GA.

**Bryan, A. T.** (2016). Food Accessibility & Nutrition in America. Columbus State University, Columbus, GA.

**Bryan, A.T.** (2015). Physical Activity and Aging: 8-weeks of fitness demonstrations. The Ralston, Columbus, GA.

**Bryan, A.T.** (2011). Nutrition and Physical Activity. Phi Mu Sorority. Columbus State University, Columbus, GA.

**Bryan, A.T.** (2011). Exercise is Medicine: Warm-up before distance walking- a demonstration. Oxbow Meadows, Columbus, GA.

**Tatum, A.D.** (2009). Physical Activity and Aging: 4-Weeks of Fitness Demonstrations. The Ralston, Columbus, GA.

**Tatum, A.D.** (2008). Women's Health and Fitness. Smyrna Baptist Church, Lagrange, GA.

**Tatum, A.D.** (2008). The Importance of Faith and Fitness. Minister's Wives Association of Lee County, AL, Auburn, AL.

**Tatum, A.D.** (2007). Tools to Positively Impact Your Health. The Impact Center, Columbus, GA.

**Tatum, A.D.** (2007). Women's Health and Fitness. Annual Missionary Conference, Tuskegee, AL.

**Tatum, A.D.** (2007). Women's Health and Wellness. Town Creek District Center, Tuskegee, AL.

**Tatum, A.D.** (2006). Women's Health and Wellness. Town Creek District Center, Tuskegee, AL.

## **Professional Development**

2025	SEACSM Annual Meeting, Greenville, SC ACSM Annual Meeting, Atlanta, GA AASCU Annual Meeting, Indianapolis, IN
2024	SACSCOC Annual Meeting, San Antonio, TX <b>SACSCOC Peer Reviewer Credential earned</b> AASCU Annual Meeting, Denver, CO <b>Becoming A Provost Academy Fellow</b> ACSM Annual Meeting, Boston, MA SEACSM Annual Meeting, Greenville, SC
2023	SACSCOC Annual Meeting, Orlando, FL ACSM Annual Meeting, Denver, CO SEACSM Annual Meeting, Greenville, SC
2022	SACSCOC Annual Meeting, Atlanta, GA SACSCOC Summer Institute, Orlando FL ACSM Annual Meeting, San Diego, CA SEACSM Annual Meeting, Greenville, SC
2021	<b>Executive Leadership Institute Scholar</b> , The University System of Georgia SACSCOC Annual Meeting, Virtual Conference AASCU Academic Affairs Summer Meeting, Virtual Conference
2020	SEACSM Annual Meeting, Jacksonville, FL
2019	ACSM Annual Meeting, Orlando, FL SEACSM Annual Meeting, Greenville, SC
2018	ACSM Annual Meeting, Minneapolis, MN SEACSM Annual Meeting, Chattanooga, TN



2017	ACSM Annual Meeting, Denver, CO SEACSM Annual Meeting, Greenville, SC
2016	ACSM Annual Meeting, Boston, MA SEACSM Annual Meeting, Greenville, SC
2015	ACSM Annual Meeting, San Diego, CA SEACSM Annual Meeting, Jacksonville, FL
2014	ACSM Annual Meeting, Indianapolis, IN
2013	ACSM Annual Meeting, SEACSM Annual Meeting, Greenville, SC
2012	8th Annual Int'l Conference on Kinesiology & Exercise Science, Athens, Greece ACSM Annual Meeting, San Francisco, CA SEACSM Annual Meeting, Jacksonville, FL ACE Functional Training & Assessment Workshop, Atlanta, GA
2011	ACSM Annual Meeting, Denver, CO SEACSM Annual Meeting, Greenville, SC
2010	SEACSM Annual Meeting, Greenville, SC
2009	SEACSM Annual Meeting, Birmingham, AL
2008	SEACSM Annual Meeting, Birmingham, AL
2007	SEACSM Annual Meeting, Charlotte, NC

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## SCHOLARSHIP

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### Refereed Journal Publications

Early, K.S., Rockhill, M., **Bryan, A.**, Tyo, B.M., Buuck, D., McGinty, J. (2020). Effect of blood flow restriction on muscular fitness, pain, and vascular function. *International Journal of Sports Physical Therapy*, 15(6), 892- 900. <https://doi.org/10.26603/ijsp20200892>.

Hornbuckle, L.M., Amutah-Onukagha, N., **Bryan, A.**, Skidmore Edwards, E., Madzima, T., Massey, K., May, L., & Robinson, L.E. (2017) Health Disparities in Women. *Clinical Medicine Insights. Women's health*, 10, 1179562X17709546. <https://doi.org/10.1177/1179562X17709546>

### **Refereed Publications in Conference Proceedings- Abstract Only**

**Bryan, A.T.**, Ortiz, A., Clark, J., Morales, J. (June 2017). Optimizing Female Youth Sport Participation: Bring back the youth. *Proceedings of the 2017 American College of Sports Medicine Conference*, Denver, CO.

Keith, N.R., Martin, M., **Bryan, A.T.**, Mendoza, A. (June 2016). Physical Activity Technology Research in Diverse Populations. *Proceedings of the 2016 American College of Sports Medicine Conference*, Boston, MA

**Bryan, A.T.**, Wert-Fittapaldi, J. (2013). Disability Awareness Training: From staff to management. *Proceedings of the 2013 American College of Sports Medicine Conference*, Indianapolis, IN.

**Bryan, A.T.**, Green, J.M., Black, S., Bishop, P.A. (June 2012). Physical Independence: Examining older adults' perceptions of physical limitations. *Proceedings of the 8th Annual International Conference on Kinesiology and Exercise Sciences*, Athens, Greece.

**Tatum, A.D.**, Bishop, P.A., Black, S., Parker, M.W. (February 2012). The Relationship Between Self-Reported Health History, Physical Limitations, and Physical Performance in Older Adults. *Proceedings of the 40th Annual Meeting of the Southeast American College of Sports Medicine Regional Conference*, Jacksonville, FL.

**Tatum, A.D.**, Green, J.M., Parker, M.W., Bishop, P.A. (May 2011). Relationship Between Daily Stair Climbing, Knee Extensor Endurance, and Physical Independence in Community Dwelling Adults. *Medicine & Science in Sports & Exercise*, 43(5):931. DOI: 10.1249/01.MSS.0000402601.97487.9f

**Tatum, A.D.**, Bishop, P.A., Green, J.M. Parker, M.W. (February 2007). The Relationship Between Daily Stair Climbing, Knee Extensor Endurance, and Physical Independence in Older Adults. *Proceedings of the 35th Annual Meeting of the Southeast American College of Sports Medicine Regional Conference*, Charlotte, NC.

### **Other Scholarly Publications and Invited Media**

**Bryan, A.** (2022). Reducing Heart Disease Risk for Young and Middle-Aged African Americans. <https://www.acsm.org/blog-detail/acsm-certified-blog/2022/02/24/reducing-heart-disease-risk-for-young-and-middle-aged-african-americans>. [INVITED]

**Bryan, A.**, Jones, R. (2021) The impact of virtual meetings on your health. TechnoGym, <https://www.technogym.com/int/newsroom/impact-virtual-meetings->

[health/? utm\\_source=medexpo\\$utm\\_medium=newsroom\\$utm\\_content=VIRTUALMEETING](#)  
[INVITED]

**Bryan, A., Jones, R.** (2021). Could all those Zoom meetings be bad for your health?  
<https://www.acsm.org/home/featured-blogs---homepage/acsm-blog/2021/01/08/zoom-meetings-bad-for-your-health>

**Bryan, A.T., Wert-Fittapaldi, J.** (Producers) (2013). *Disability Awareness Training: From staff to management* [DVD]. United States: Healthy Learning DVD.  
<https://healthylearning.com/disability-awareness-training- from-staff-to-management/> [INVITED]

**Tatum, A. D.** (2006). The role of leg strength and functionality in physical independence of older adults. The University of Alabama). ProQuest Dissertations and Theses, 58 p. Retrieved from  
<http://search.proquest.com/docview/305349289?accountid=10196>.

### ***In-house Publications***

**Tatum, A.D.** (2012). The Wellness Program Handbook: The instructor's guide to higher education physical activity programs at Columbus State University.

**Tatum, A.D.** (2011). The Wellness Instructor Ancillary Materials: PHED 1205- Concepts of Fitness.

**Tatum, A.D.** (2007). Cougar W.A.L.K. Newsletter

**Tatum, A.D.** (2007). Wellness Instructor Handbook.

### **Refereed Presentations at Academic Conferences**

#### ***International***

**Bryan, A.T., Ortiz, A., Clark, J., Morales, J.** (June 2017). Optimizing Female Youth Sport Participation: Bring back the youth. Symposium at the 2017 American College of Sports Medicine Conference, Denver, CO.

Keith, N.R., Martin, M., **Bryan, A.T., Mendoza, A.** (June 2016). Physical Activity Technology Research in Diverse Populations. Tutorial lecture at the 2016 American College of Sports Medicine Conference, Boston, MA

**Bryan, A.T.,** Wert-Fittapaldi, J. (2013). Disability Awareness Training: From staff to management. Clinical workshop presentation at the 2013 American College of Sports Medicine Conference, Indianapolis, IN.

**Bryan, A.T.,** Green, J.M., Black, S., Bishop, P.A. (June 2012). Physical Independence: Examining older adults' perceptions of physical limitations. Oral presentation at the 8th Annual International Conference on Kinesiology and Exercise Sciences, Athens, Greece.

**Tatum, A.D.,** Green, J.M., Parker, M.W., Bishop, P.A. (May 2011). Relationship Between Daily Stair Climbing, Knee Extensor Endurance, and Physical Independence in Community Dwelling Adults. Poster presentation at the 2011 American College of Sports Medicine Conference, Denver, CO.

### ***Regional***

McIntosh, M.C., **Bryan, A.T.,** Reid, L.A., Ruiz-Ramie, J.J. (2024). Where Are Those Who Look Like Me? Navigating SEACSM and ACSM as a Diverse Individual. Preconference oral session at the 2024 Annual Meeting of the Southeast American College of Sports Medicine Regional Conference, Greenville, SC.

Mendez, K.M., Reid, L.A., Aguinaga, N., Henkin, N., Marquez, D.X., Werner, D., **Bryan, A.** (2024). Intergenerational Physical Activity Programming: Current literature and future directions. Symposium presentation at the 2024 Annual Meeting of the Southeast American College of Sports Medicine Regional Conference, Greenville, SC.

**Tatum, A.D.,** Bishop, P.A., Black, S., Parker, M.W. (February 2012). The Relationship Between Self-Reported Health History, Physical Limitations, and Physical Performance in Older Adults. Oral presentation at the 40th Annual Meeting of the Southeast American College of Sports Medicine Regional Conference, Jacksonville, FL.

Wert-Fittipaldi, J., Martin, E., Klinkenborg, A., **Tatum, A.** (January, 2011). Disability Awareness: Tips & Modifications for a Successful Physical Education Environment. Demonstration and participation session presented at the meeting of the Share the Wealth Physical Education Conference, Jekyll Island, GA.

**Tatum, A.D.** (January, 2010). It's Zumbastic!. Demonstration and participation session presented at the meeting of the Share the Wealth Physical Education Conference, Jekyll Island, GA.

**Tatum, A.D.,** Bishop, P.A., Green, J.M. Parker, M.W. (February 2007). The Relationship Between Daily Stair Climbing, Knee Extensor Endurance, and Physical Independence in Older Adults. Oral presentation at the 35th Annual Meeting of the Southeast American College of Sports Medicine Regional Conference, Charlotte, NC.

## **Editorial Work**

### ***International***

2024	<b>Contemporary Clinical Trials</b> , Peer Reviewer
2021	<b>Athens Journal of Sports</b> , Editorial Board Member
2019	<b>Age &amp; Aging Journal</b> , Peer Reviewer
2019-2016	<b>ACSM Health &amp; Fitness Content Advisory</b> ad hoc Committee
2015	<b>Clinical Medical Insights</b> , Editorial Board
2009	<b>Cengage Publishing</b> , Fitness & Wellness Textbook, Chapter Reviewer (3 chapters)

### ***Other Editorial Work***

2015	SEACSM Abstract Reviewer
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## **RESEARCH PROJECTS AND GRANTS**

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**Department of Defense, Fort Benning Army Education Center (AEC) Request for New Programs of Instruction.** Lead the initiative to identify and propose undergraduate and graduate degree programs to support the needs of the military community locally and those serving abroad. Served as the primary writer and principal researcher for this proposal (May- June 2021).

Co-Principal Investigator, **FASEB MARC Competitive Grant.** DREAM Program to support undergraduate minorities in exercise science and sports medicine programs. **National Institutes of Health, \$18,000** (September 2017- July 2018)

Principal Investigator, **Professional Development Competitive Grant.** An Observation of Health Behaviors and Beliefs in Young Adults. **Columbus State University, \$1,662** (August 2009- June 2010).

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## **AWARDS, FELLOWSHIPS, & OTHER HONORS**

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2024	<b>Becoming a Provost Academy (BAPA), American Association of State Colleges and Universities</b> BAPA is a yearlong leadership development program
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designed to prepare experienced academic administrators for roles as provosts or chief academic officers.

- 2021 **Fellow, Executive Leadership Institute (ELI), University System of Georgia** ELI is a comprehensive leadership development program designed to prepare high-potential faculty and staff for executive leadership roles within the USG.
- 2018 **Excellence in Teaching Award, College of Education & Health Professions** This award recognizes faculty within the college who demonstrate a strong commitment to teaching and learning as evidence by active and innovative teaching strategies and a strong commitment to fostering academic success through interaction with students outside of the classroom (e.g., advising, mentoring, recruiting, etc.).
- 2018 **Excellence in Teaching Award, National Society of Leadership and Success** This award is given by students of the leadership honor society to faculty who demonstrate the values of the organization, helping students achieve personal growth, self-empowerment, and career success.
- 2017 **Together 2017 Next Gen Leader, Columbus Ledger-Enquirer** Recognition given by local Fortune 500 and other businesses to young professionals identified by their companies as the next generation of local leadership.
- 2016 **Fellowship Status, American College of Sports Medicine** ‘Fellow’ is a title awarded to recognize individuals who have distinguished themselves by making outstanding contributions in service to the organization in the areas of sports medicine and/or the exercise sciences.
- 2015 **Service Award, Georgia High School Association** Recognition of outstanding service to the organization
- 2014 **Nominee, Teaching Innovation Award, College of Education and Health Profession** This award recognizes and rewards the efforts of faculty who develop and practice innovative methodologies in pedagogy with specific focus on unique program actions that increase student interest and drives achievement.
- 2013 **Protege’, Leadership and Diversity Training Program, American College of Sports Medicine** Competitive leadership development program designed to mentor and retain minority members.

2011	<b>Nominee, Service Award, College of Education and Health Profession</b> This award recognizes outstanding service contributions to the college and campus community.
2008	<b>Chancellor's Award, USG Board of Regents, Office of International Education</b> Professional development grant awarded to faculty for international study.
2008	<b>Phi Kappa Phi Honor Society</b>

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## SERVICE

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### Service to the University System of Georgia

2025	Member, Adult Learner Task Force
2024	Member, Adult Learner Task Force Member, Unified Enterprise Resource Planning Project
2023	Member, Academic Strategic Alignment Task Force for CSU Member, Academic Transformation Network Member, Associate Vice Chancellor of Academic Innovation Search Committee Member, Unified Enterprise Resource Planning Project

### Service to Columbus State University

2024	Member, Better Together Task Force Member, Create CARE Committee Member, Cleary Committee Ex-Officio Member, Distance Learning Committee Member, Enterprise Risk Management Committee Ex-Officio Member, Faculty Affairs Committee Chair, Ex-Officio, Faculty Awards Committee Member, Faculty Development Committee Ex-Officio Member, Faculty Handbook Committee President, Phi Kappa Phi Honor Society Member, Provost Search Committee Member, SACSCOC Reaffirmation Writing Group Ex-Officio Member, Teaching and Learning Enhancement Committee
2023	Member, Create CARE Committee Member, Cleary Committee Ex-Officio Member, Distance Learning Committee Member, Enterprise Risk Management Committee

Ex-Officio Member, Faculty Affairs Committee  
 Chair, Ex-Officio, Faculty Awards Committee  
 Member, Faculty Development Committee  
 Ex-Officio Member, Faculty Handbook Committee  
 President, Phi Kappa Phi Honor Society  
 Ex-Officio Member, Teaching and Learning Enhancement Committee Co-  
 Chair, Tower Day Committee

2022	<p>Member, Academic Strategic Alignment Task Force          Member, Create CARE Committee          Member, Cleary Committee          Ex-Officio Member, Distance Learning Committee          Ex-Officio Member, Faculty Affairs Committee          Chair, Ex-Officio, Faculty Awards Committee          Member, Faculty Development Committee          Ex-Officio Member, Faculty Handbook Committee          Member, Freedom of Expression Task Force          President, Phi Kappa Phi Honor Society          Chair, Post-Tenure and Evaluation Task Force          Member, Shared Governance Task Force          Ex-Officio Member, Teaching and Learning Enhancement Committee</p>
2021	<p>Member, Create CARE Committee          Ex-Officio Member, Distance Learning Committee          Ex-Officio Member, Faculty Affairs Committee          Chair, Ex-Officio, Faculty Awards Committee          Member, Faculty Development Committee          Ex-Officio Member, Faculty Handbook Committee          Ex-Officio Member, Teaching and Learning Enhancement Committee</p>
2020	<p>Executive Officer, Faculty Senate          Member, Gregory P. Domin Graduate Conference Committee          Member, Health and Physical Education Program Advisory Committee          Member, Institutional Review Board          Member, Personnel Committee, Dept. of Kinesiology &amp; Health Sciences          Member, Retention, Progression, and Graduation Committee for COEHP</p>
2019	<p>Member, Curriculum Committee, Dept of Kinesiology &amp; Health Sciences          Chair, Committee on Committees, Faculty Senate          Member, Gregory P. Domin Graduate Conference Committee          Member, Health and Physical Education Program Advisory Committee          Member, Institutional Review Board          Member, Interdisciplinary Program Council</p>



Member, Personnel Committee, Dept of Kinesiology & Health Sciences  
Member, Retention, Progression, and Graduation Committee for COEHP

- 2018
- Member, Curriculum Committee, Dept of Kinesiology & Health Sciences
  - Alternate Faculty Representative for COEHP, Faculty Senate
  - Member, Gregory P. Domin Graduate Conference Committee
  - Member, General Education Committee
  - Member, Health and Physical Education Program Advisory Committee
  - Member, Institutional Review Board
  - Member, Interdisciplinary Program Council
  - Member, Personnel Committee, Dept of Kinesiology & Health Sciences
  - Member, RPG Committee for COEHP
  - Chair, Student Research and Creative Endeavors Committee
  - Chair, Search Committee for Chair of Dept of KHS
- 2017
- Member, COEHP Post-Tenure Review Committee
  - Member, Curriculum Committee, Dept of Kinesiology & Health Sciences
  - Member, General Education Committee
  - Member, Gregory P. Domin Graduate Conference Committee
  - Member, Health and Physical Education Program Advisory Committee
  - Member, Institutional Review Board
  - Member, Interdisciplinary Program Council
  - Member, Personnel Committee, Dept of Kinesiology & Health Sciences
  - Member, RPG Committee for COEHP
  - Chair, Student Research and Creative Endeavors Committee
  - Chair, Women's Advisory Committee
- 2016
- Member, COEHP Post-Tenure Review Committee
  - Member, Curriculum Committee, Dept of Kinesiology & Health Sciences
  - Member, Health and Physical Education Program Advisory Committee
  - Member, Interdisciplinary Program Council
  - Member, Institutional Review Board
  - Member, Personnel Committee, Dept of Kinesiology & Health Sciences
  - Member, RPG Committee for COEHP
  - Chair, Student Research and Creative Endeavors Committee
- 2015
- Member, COEHP Post-Tenure Review Committee
  - Member, Curriculum Committee, Dept of Kinesiology & Health Sciences
  - Member, Health and Physical Education Program Advisory Committee
  - Member, Personnel Committee, Dept of Kinesiology & Health Sciences
  - Member, RPG Committee for COEHP
  - Co-Chair, Student Research and Creative Endeavors Committee
  - Chair, Women's Advisory Committee

2014	<p>Member, Curriculum Committee, Dept of Kinesiology &amp; Health Sciences</p> <p>Member, Health and Physical Education Program Advisory Committee Member,</p> <p>Personnel Committee, Department of Kinesiology &amp; Health Sciences Member,</p> <p>RPG Committee for COEHP</p> <p>Co-Chair, Student Research and Creative Endeavors Committee</p> <p>Chair, Women's Advisory Committee</p>
2013	<p>Member, Curriculum Committee, Dept of Kinesiology &amp; Health Sciences</p> <p>Member, Health and Physical Education Program Advisory Committee</p> <p>Member, Institutional Review Board</p> <p>Member, Personnel Committee, Dept of Kinesiology &amp; Health Sciences</p> <p>Member, RPG Committee for COEHP</p> <p>Co-Chair, Student Research and Creative Endeavors Committee</p> <p>Chair, Women's Advisory Committee</p>
2012	<p>Member, COEHP Student Services Committee</p> <p>Member, Curriculum Committee, Dept of Kinesiology &amp; Health Sciences</p> <p>Member, Health and Physical Education Program Advisory Committee Member,</p> <p>Personnel Committee, Dept of Kinesiology &amp; Health Sciences Member,</p> <p>Retention, Progression, and Graduation Committee for COEHP</p> <p>Chair, Women's Advisory Committee</p>
2011	<p>Member, COEHP Curriculum Committee</p> <p>Member, COEHP Diversity Committee</p> <p>Member, COEHP Student Services Committee</p> <p>Member, Curriculum Committee, Dept of Kinesiology &amp; Health Sciences</p> <p>Member, Faculty Search Committee, Dept of Kinesiology &amp; Health Sciences</p> <p>Member, Health and Physical Education Program Advisory Committee</p> <p>Member, RPG Committee for COEHP</p> <p>Member, Women's Advisory Committee</p>
2010	<p>Member, COEHP Curriculum Committee</p> <p>Member, COEHP Diversity Committee</p> <p>Member, Curriculum Committee, Dept of Kinesiology &amp; Health Sciences Chair,</p> <p>Faculty Handbook Advisory Committee</p> <p>Member, Faculty Search Com., Dept of Kinesiology &amp; Health Sciences</p> <p>Member, Health and Physical Education Program Advisory Committee</p> <p>Member, RPG Committee for COEHP</p> <p>Member, Women's Advisory Committee</p>
2009	<p>Member, COEHP Diversity Committee</p>

	<p>Member, Curriculum Com., Dept of Kinesiology &amp; Health Sciences Chair, Faculty Handbook Advisory Committee</p> <p>Member, Faculty Search Com., Dept of Kinesiology &amp; Health Sciences</p> <p>Member, Health and Physical Education Program Advisory Committee</p> <p>Member, Student Recreation Center Planning Committee</p> <p>Member, RPG Committee for COEHP</p> <p>Member, Women's Advisory Committee</p>
2008	<p>Member, COEHP Diversity Committee</p> <p>Member, Faculty Handbook Advisory Committee</p> <p>Member, Student Recreation Center Planning Committee</p> <p>Member, Women's Advisory Committee</p>
2007	<p>Member, COEHP Diversity Committee</p> <p>Member, Student Recreation Center Planning Committee</p> <p>Member, Women's Advisory Committee</p>
2006	<p>Member, COEHP Diversity Committee</p>

## Service to the Profession

2025	<p><b>President, Southeast Chapter American College of Sports Medicine</b></p> <p>Education &amp; Allied Health Trustee, Board of Trustees, ACSM</p> <p>Member, Health Equity Research Special Interest Group, ACSM</p> <p>Member, Strategic Health Initiative Forum, ACSM</p> <p>Chair, Strategic Health Initiative: Women, Sport, &amp; Physical Activity Committee, ACSM</p>
2024	<p><b>President-Elect, Southeast Chapter American College of Sports Medicine</b></p> <p>Member, Administrative Council, American College of Sports Medicine</p> <p>Education &amp; Allied Health Trustee, Board of Trustees, ACSM</p> <p>Member, Health Equity Research Special Interest Group, ACSM Mentor, Leadership &amp; Diversity Training Program, ACSM</p> <p>Member, Strategic Health Initiative Forum, ACSM</p> <p>Chair, Strategic Health Initiative: Women, Sport, &amp; Physical Activity Committee, ACSM</p>
2023	<p>Member, Administrative Council, American College of Sports Medicine</p> <p>Education &amp; Allied Health Trustee, Board of Trustees, ACSM</p> <p>Immediate Past Chair, Minority Health &amp; Research Special Interest Group, ACSM</p>

	Mentor, Leadership & Diversity Training Program, ACSM Member, Strategic Health Initiative Forum, ACSM Chair, Strategic Health Initiative: Women, Sport, & Physical Activity Committee, ACSM
2022	Education & Allied Health Trustee, Board of Trustees, ACSM Chair, Minority Health & Research Special Interest Group, ACSM Mentor, Leadership & Diversity Training Program, Southeast ACSM Member, Strategic Health Initiative Forum, ACSM Chair, Strategic Health Initiative: Women, Sport, & Physical Activity Committee, ACSM
2021	Member, Minority Health & Research Special Interest Group, ACSM Mentor, Leadership & Diversity Training Program, ACSM Member, Strategic Health Initiative Forum, ACSM Chair, Strategic Health Initiative: Women, Sport, & Physical Activity Committee, ACSM
2020	Member, Fellowship Task Force, ACSM Member, Minority Health & Research Special Interest Group, ACSM Member, Strategic Health Initiative Forum, ACSM Chair, Strategic Health Initiative: Women, Sport, & Physical Activity Committee, ACSM
2019	At-Large Member, Executive Board, Southeast ACSM Member, Health & Fitness Content Advisory Ad hoc Committee, ACSM Member, Minority Health & Research Special Interest Group, ACSM Chair, Strategic Health Initiative: Women, Sport, & Physical Activity Committee, ACSM Mentor, Women to Fellowship Program, ACSM
2018	At-Large Member, Executive Board, Southeast ACSM Member, Health & Fitness Content Advisory Ad hoc Committee, ACSM Member, Minority Health & Research Special Interest Group, ACSM Chair, Strategic Health Initiative: Women, Sport, & Physical Activity Committee, ACSM Mentor, Women to Fellowship Program, ACSM
2017	At-Large Member, Executive Board, Southeast ACSM Member, Health & Fitness Content Advisory Ad hoc Committee, ACSM Member, Minority Health & Research Special Interest Group, ACSM

Chair, Strategic Health Initiative: Women, Sport, & Physical Activity  
Committee, ACSM  
Mentor, Women to Fellowship Program, ACSM

2016                      Member, Health & Fitness Content Advisory Ad hoc Committee, ACSM  
Member, Minority Health & Research Special Interest Group, ACSM  
Chair, Strategic Health Initiative: Women, Sport, & Physical Activity Committee,  
ACSM  
Mentor, Women to Fellowship Program, ACSM

## Service to the Community

2025                      Member, Advisory Board, Christian Women's/Men's Job Corps, Columbus, GA  
Member, Advisory Board, Sports Medicine Program, Columbus Technical  
College

2024                      Member, Advisory Board, Christian Women's/Men's Job Corps, Columbus, GA  
Member, Advisory Board, Sports Medicine Program, Columbus Technical  
College

2023                      Member, Advisory Board, Christian Women's/Men's Job Corps, Columbus, GA  
Member, Advisory Board, Sports Medicine Program, Columbus Technical  
College

2022                      Member, Advisory Board, Christian Women's/Men's Job Corps, Columbus, GA  
Member, Advisory Board, Sports Medicine Program, Columbus Technical  
College

2021                      Member, Advisory Board, Sports Medicine Program, Columbus Technical  
College

2020                      Member, Advisory Board, Sports Medicine Program, Columbus Technical  
College  
Site Coordinator, High School Wrestling Assessments, Georgia High School  
Association

2019                      Member, Advisory Board, Christian Women's/Men's Job Corps, Columbus, GA  
Member, Advisory Board, Sports Medicine Program, Columbus Technical  
College  
Event Coordinator, Go Red For Women Heart Health Event, Columbus, GA

Site Coordinator, High School Wrestling Assessments, Georgia High School Association  
Reviewer, Columbus Regional Science Fair

2018      Event Coordinator, Go Red For Women Heart Health Event, Columbus, GA  
Chair, Advisory Board, Sports Medicine Program, Columbus Technical College  
Site Coordinator, High School Wrestling Assessments, Georgia High School Association  
Mentor, Student AV Team, Southeast ACSM

2017      Event Coordinator, Go Red For Women Heart Health Event, Columbus, GA  
Chair, Advisory Board, Sports Medicine Program, Columbus Technical College  
Site Coordinator, High School Wrestling Assessments, Georgia High School Association  
Mentor, Student AV Team, Southeast ACSM

2016      Event Coordinator, Go Red For Women Heart Health Event, Columbus, GA  
Chair, Advisory Board, Sports Medicine Program, Columbus Technical College  
Member, Institutional Review Board, Regional Scientific Review Committee, Regional Science Fair  
Site Coordinator, High School Wrestling Assessments, Georgia High School Association  
Mentor, Student AV Team, Southeast ACSM

2015      Event Coordinator, Go Red For Women Heart Health Event, Columbus, GA  
Chair, Advisory Board, Sports Medicine Program, Columbus Technical College  
Chair, Search Committee, Wellness Coordinator, Columbus State University  
Site Coordinator, High School Wrestling Assessments, Georgia High School Association  
Mentor, Student AV Team, Southeast ACSM

2014      Event Coordinator, Go Red For Women Heart Health Event, Columbus, GA  
Member, Advisory Board, Sports Medicine Program, Columbus Technical College  
Site Coordinator, High School Wrestling Assessments, Georgia High School Association  
Mentor, Student AV Team, Southeast ACSM  
Tower Day Judge, Columbus State University

2013	<p>Event Coordinator, Go Red For Women Heart Health Event, Columbus, GA</p> <p>Campus Liaison, Exercise Is Medicine on Campus, ACSM</p> <p>Site Coordinator, High School Wrestling Assessments, Georgia High School Association</p> <p>Mentor, Student AV Team, Southeast ACSM</p>
2012	<p>Campus Liaison, Exercise Is Medicine on Campus, ACSM</p> <p>Site Coordinator, High School Wrestling Assessments, Georgia High School Association</p> <p>Mentor, Student AV Team, Southeast ACSM</p> <p>Volunteer, Cody's 5K Run, Columbus State University</p>
2011	<p>Campus Liaison, Exercise Is Medicine on Campus, ACSM</p> <p>Faculty Advisor &amp; Team Trainer, Columbus State University Dance Team</p> <p>Site Coordinator, High School Wrestling Assessments, Georgia High School Association</p> <p>Volunteer, Phi Kappa Phi Induction Ceremony</p> <p>Event Organizer, Inaugural Cody's 5k Run, Columbus State University</p> <p>Event Organizer, Couch to 5K Training, Columbus State University</p>
2010	<p>Campus Liaison, Exercise Is Medicine on Campus, ACSM</p> <p>Faculty Advisor &amp; Team Trainer, Columbus State University Dance Team</p> <p>Site Coordinator, High School Wrestling Assessments, Georgia High School Association</p> <p>Science Fair Judge, Columbus State University</p>
2009	<p>Coordinator, Cougar P.A.W.S. Faculty Walking Program</p> <p>Faculty Advisor &amp; Team Trainer, Columbus State University Dance Team</p> <p>Site Coordinator, High School Wrestling Assessments, Georgia High School Association</p> <p>Judge, Mr. CSU Pageant, Columbus State University</p> <p>Event Organizer, CSU Night Out with the Atlanta Hawks to support the Boys &amp; Girls Club</p> <p>Event Organizer, Back to School Kickoff, Chattahoochee County School System</p> <p>Judge, Columbus Life Basketball Dance Team Auditions</p> <p>Clinic Organizer, Cougar Cubs Junior Dance Team Clinic</p>
2008	<p>Coordinator, Cougar P.A.W.S. Faculty Walking Program</p> <p>Faculty Advisor &amp; Team Trainer, Columbus State University Dance Team</p> <p>Site Coordinator, High School Wrestling Assessments, Georgia High School Association</p> <p>Member, Search Committee, Physical Education Faculty Member</p> <p>Clinic Organizer, Cougar Cubs Junior Dance Team Clinic</p> <p>Mentor, Project ACE Mentoring Program, College of Education</p>

2007                      Coordinator, Cougar P.A.W.S. Faculty Walking Program  
Faculty Advisor & Team Trainer, Columbus State University Dance Team  
Site Coordinator, High School Wrestling Assessments, Georgia High School  
Association

2006                      Faculty Advisor & Team Trainer, Columbus State University Dance Team  
Site Coordinator, High School Wrestling Assessments, Georgia High School  
Association

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## **PROFESSIONAL ORGANIZATIONS**

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American Association of State Colleges and Universities  
American College of Sports Medicine  
American Council on Exercise  
Southeast American College of Sports Medicine  
Southern Association of Colleges and Schools Commission on Colleges

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## **PROFESSIONAL CERTIFICATIONS**

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ACE-Certified Medical Exercise Specialist, Certification Number C153572, Exp. 5/31/2027  
Cardiopulmonary Resuscitation/AED, Exp. 12/9/2025