
Student Health Center External Resources

- **Resources for Emotional and Mental Health**

- [Crisis Intervention Contacts](#)
- [CougarsCare Supplementary Resources](#)

- [Create Care CSU](#)

- [The Merck Manual](#) (well-respected medical guide)

- [National Institutes of Health](#)

Searchable collection of reports and studies drawn from more than 100 government databases. Includes extensive list of consumer health publications to download.

- [WebMD.com](#)

Provides health and medical news and information