Cody’s Run
5K and 1-Mile Fun Run
April 23, 2011
8 a.m.

Creating Sustainable Knowledge Week engages students, faculty, staff and the community in campus-wide activities that promote sustainable lifestyles and creative solutions that foster growth and development through e-citizenship.

Run through main campus and neighborhoods around CSU, finishing at the CSU clock tower.

REGISTRATION FORM

NAME _________________________ AGE (AS OF 4/23/11) ________ GENDER ________
Address _______________________ City/State ____________ Zip ______

Phone (__) ___________ E-mail ______________________

Race entered: (circle one) One Mile  5K

T-shirt size:  CHM  CHL  S  M  L  XL

Entry Fees
Adult ..........$20 pre-registered**
            $25 late or day of race
14 & under....$15 pre-registered**
            $20 late or day of race

In accordance with USTAF rules, no “bandits,” dogs, baby strollers or rollerblades permitted.

Release of Liability: In consideration for acceptance of this entry, I, my heirs, administrators, executors and assignees waive any and all claims or causes of action, present and future, against any and all officials or sponsors of Columbus State University, for injury or illness that may directly or indirectly result from my participation in the 5K Run. By signing this release, I voluntarily assume the risk of personal injury or any damage to me or my property that may result while taking part in this activity, including injuries or damage caused by the negligence of the above named parties. I know that running a road race is a potentially hazardous activity and I certify that I am in proper physical condition to participate in this event. I hereby grant full and exclusive permission for Columbus State University to use my name and pictures or any likeness, in broadcast, telecast, newspapers etc.

Signature ________________________________

Parent/Guardian signature under age 18: ________________________

Date__________________________

Mail with your check payable to:
Columbus State University
Attn: Cody’s Run
HPEX- 259 Lumpkin
4225 University Avenue
Columbus, GA 31907

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