

Kinesiology

Main Content	Just the Facts	Additional Resources
<p>About the Program Study Human Movement</p> <p>Explore how the human body moves, performs, and heals. The Bachelor of Science in Kinesiology at Columbus State University blends theory and applied science to prepare you for careers in health, fitness, education, and rehabilitation. With hands-on experiences and two distinct concentrations, this degree is ideal for students pursuing physical therapy, coaching, wellness careers, or P-12 teaching certification.</p> <p>Apply Now</p> <p>Request Info</p> <p>Tracks and Concentrations</p> <p>Exercise Science (Concentration) Study the science behind human movement and performance. Prepares you for careers in fitness, rehab, or graduate programs in health-related fields. It's also an excellent foundation for graduate programs in health and fitness-related fields.</p> <p>View Program of Study</p> <p>Health and Physical Education (Concentration) Explore all areas of health education as you study physical fitness science, sport coaching, and recreation.</p> <p>View Program of Study</p> <p>Health and Physical Education Teacher (Concentration) - Georgia PSC-Approved Prepares you to teach preschool through high school with classroom, lab, and hands-on field experiences, guided by P-12 educators and aligned to teaching standards.</p>	<p>Total Credit Hours: 120 Hours</p> <p>Delivery Format: On Campus</p> <p>Completion Time: 4 years (full-time)</p> <p>Academic Unit: Department of Kinesiology & Health Sciences</p>	<p>View the Program of Study</p> <p>View Admission Requirements</p>

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<p>View Program of Study</p> <p>Health and Physical Education Non-Certification (Concentration) Prepares you for careers in coaching and sports by combining classroom, lab, and hands-on experiences to build teaching and evaluation skills for all ages.</p> <p>View Program of Study</p> <p>Exercise Science (Minor) Explore the science of human movement and performance through this 15-credit-hour minor, open to all majors.</p> <p>View Program of Study</p>		

Program HighlightsYour Academic Experience

- **Teach P–12 Students#**– Health and PE concentration prepares you for preschool through high school certification.
- **Georgia PSC Approved#**– Program meets Georgia Professional Standards Commission requirements.
- **Extensive Fieldwork#**– Includes lab experiences and classroom teaching at all grade levels.
- **Graduate Program Ready#**– Strong foundation for PT, OT, PA, kinesiology, and education graduate programs.
- **Join Sigma Gamma**, a student-led honors organization promoting leadership and community outreach).
- You'll have support through **CSU's Center for Quality Teaching and Learning** if you choose the teacher certification.

What Can You Do With This Degree?

Explore job trends, average salaries, and growing opportunities so you can see how your degree connects to meaningful career pathways and the future of your field.

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Admission RequirementsYour Pathway to CSU

Exercise Science Admission Requirements

This program has specific admission requirements. These requirements are available in our catalog.

[View Program-Specific Admission Requirements](#)

Physical Education Teacher Admission Requirements

This program has specific admission requirements. These requirements are available in our catalog.

[View Program-Specific Admission Requirements](#)

Non-Certification Admission Requirements

This program has specific admission requirements. These requirements are available in our catalog.

[View Program-Specific Admission Requirements](#)

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