



**You must read THIS!**

October 13<sup>th</sup> is National Metastatic Breast Cancer Awareness Day, a time to focus on the estimated 270,000 Americans diagnosed with this destructive cancer.

**Both men and women** are diagnosed each year. Additionally, there are different types of metastatic breast cancer.



This disease has hit my own family. Please take the time [to know more](#).

It has been a few months more than a year since my sister passed after a long battle with cancer. I miss Terri. But shed no tear, take action to learn more about this disease and protect yourself.

She was woman who lived a life of profound faith and joy, and that is what I carry with me.

Each year, treatments for all kinds of breast cancer are improving. The earlier it is diagnosed, the better the chances for survival. Metastatic cancer is a stage IV cancer invading all areas of the body. It affects the liver, lungs, brain, lymph nodes, and more.

*Peter*