# Employee Assistance Program

### **Summary**

The university's policies on services available for employee counseling.

#### Purpose

To provide guidance to employees on counseling support available through the Pastoral Institute.

#### Procedure

Columbus State University has contracted with The Pastoral Institute to offer individual and/or family counseling, workshops and group support to our benefits-eligible employees. These services are free (limit of 6 sessions or workshops per individual or 12 for family) and confidential. Workshop schedules and informational pamphlets are available in the Human Resources Department.

## Related USG Policy

N/A

Last Update

6/5/18

Responsible Authority CSU Human Resources